

Army Community Service
61 Quebec Street, BLD 683
Fort Devens, MA 01434-4479

Serving the Military in New England

November 2015

NOVEMBER 2015

Army Community Service



Military Family Month Appreciation



Fort Devens Welcome Center

61 Quebec Street, Building 683

ACS Hours of Operation

0730-1600 Monday -Friday

<https://www.devens.army.mil>

ACS TELEPHONE NUMBERS

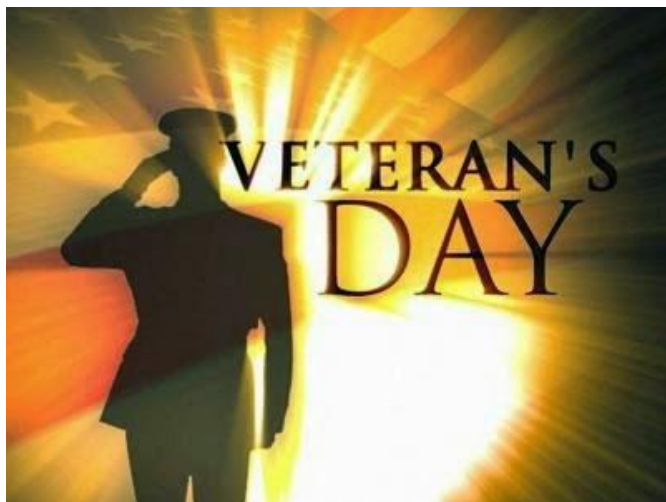
978-796-3023/ 3119 DSN 256-3023/ 3119

MILITARY ONE SOURCE

1-800-342-9647 Available 24/7/365

www.MilitaryOneSource.mil

FROM THE OFFICE OF THE ACS DIRECTOR



2015 Veterans Day **FREE** Meals and Discounts

Website: <http://themilitarywallet.com/veterans-day-free-meals-and-discounts/> Visit website for offers on Parks and Entertainment and Retail and Regional Discounts on Day deals, including free National Park Admission, Amusement parks, and retail and regional discounts.

Fort Devens salutes ALL Veterans

Happy Thanksgiving to each and every Service Member away from their Family. **A Soldier's Thanksgiving.**

“Instead of family and friends for Thanksgiving you will, chow with your comrades tonight. One to your left, the other to your right.

Your regiment, your battalion, have now become family and friends living day to day in a personal sacrifice on a mission to defend.

You are the hero's whose faces we may never get to see, but the pride and glory that's lives in a soldier heart bears one word, “Integrity”

On this day we give thanks and honor to those brave and true. Our banners, we will proudly wave, the Red, White, and Blue

We will give our thanks not only to our God, but also to every soldier for our bounties that be. For they give meaning to words home of the brave Land of the Free.”

To the soldiers in the mess hall eating their thanksgiving feast, to the troops in the desert eating another meal ready to eat. May peace, hope and strength travel with you along the way and may these wishes find you on A Soldiers Thanksgiving day.”

Veterans Crisis Line: The Veterans Crisis Line, 1-800-273-8255, Press 1 is available 24/7/365 to provide confidential counseling and referrals for Veterans and their families. This is an integrated national outreach effort to increase awareness and use of the Veterans Crisis Line, support and promote broader VA suicide prevention efforts, and promote help-seeking behaviors among Veterans at risk of suicide and other mental health problems.

FINANCIAL

3 Ways to Fund Holiday Expenses Without Going into Debt: The following post comes from the Military Saves: If you still have holiday shopping, parties, and travel to plan and spend for, chances are anxiety will set in at some point. If you are feeling overwhelmed, one way to help reduce your stress is to see where you can cut costs. If you're looking for ways to save in the coming weeks, use the Military Saves theme to help you save this holiday season: Set a Goal. Make a Plan. Save Automatically.

Set a Goal: Set a budget and stick to it. Decide how much you want to spend on each gift for each person on your gift list, and stick to that amount. Remember, it's the thought that counts, and spending more than you plan means more debt in the New Year.

Make a Plan: Skip dining out and the movie theater. You can save big by skipping the takeout and/or fancy restaurant dinners for a week or two. Taking your lunch to work, buying quick frozen meals for dinner, and taking advantage of holiday parties can all save you a little cash during the holiday season. Another way to slash costs is to limit your entertainment spending. To take a family of four to the movies, it costs about \$40 plus the costs of snacks - which can add an extra \$20 or more. That's \$60 for one trip to the movies! Save money by renting movies or even better, check out the many holiday movies that network and cable channels broadcast throughout December.

Save Automatically: Pay yourself first. Each payday until the holidays end, set aside 5-10 percent of your paycheck to use for holiday gifts, groceries and travel. You may end up saving more than you actually need, and with money you save, you can start an emergency fund for the New Year.

Hanscom AFB Ticket and Tours: Take a trip with us! We offer many exciting destinations. Call us at (781) 225-6505 to make your reservation today. Please make your reservation 30 days in advance for all overnight trips.

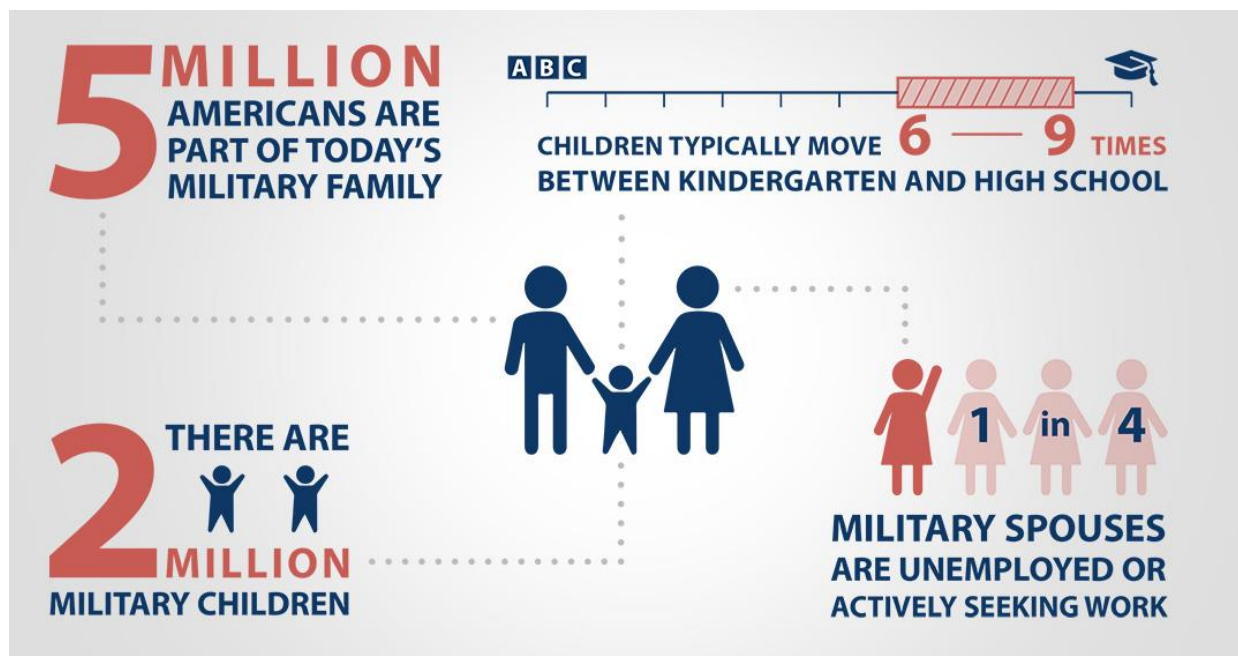
New York City Shopping: November 21, 2015 | \$64 per person. Depart from Hanscom: 6:30 a.m. | Return: 6:30 p.m. Tour includes: Round trip transportation: Luxury Silver Fox Motor Coach. Stops will be made at both Rockefeller Center and Macy's. Enjoy the day exploring the city on your own!





FREE Event for new babies on November 8, 2015

SOLDIER AND FAMILY



November is Military Family Appreciation Month: Military families exemplify the courage and resolve that define our national character. For their country and their loved ones, they rise to the challenges of multiple deployments and frequent moves -- spouses who care and provide for children in their partners' absence, kids who make new friends and leave known comforts behind. They are the force behind the force, patriots who support their family members in uniform while enriching the communities they call home. Fort Devens THANKS YOU!

"The United States is stronger and safer thanks to the millions of military family members who, in sacrificing cherished moments with their loved ones, selflessly afford us precious time with ours."

- President Barack Obama

Operation Thank You at Ocean State Job Lot: Ocean State Job Lot is happy to announce the return of its "Operation: Thank You!" savings event in honor of active duty and retired military personnel. From November 5th through the 11th, all active duty and retired military servicemen and women, along with their families and dependents, will receive 25% off their purchase at all Ocean State Job Lot stores.

Mark your calendar to save 25% from November 5th thru November 11th. It's our way of saying "thank you" for serving our country. You won't see "Operation: Thank You!" advertised on TV, radio or in the newspaper. We're relying on you to help get the word out. Please share this email and flyer with active service persons and veterans, and military and veteran organizations so they can take advantage of this discount at their local Ocean State Job Lot store. For more program specifics, visit oceanstatejoblot.com or call David Sarlitto at 401-295-2672 x2884

Boston Bruins Military Appreciation Night: THU 12 NOV @ 7P Tickets are distributed via waitlist. To register for the waitlist, please contact the point of contact for your command located on the USO New England website with: - 1. **your name** 2. **rank** 3. **phone number**.

Once registered, you will be on a waitlist only. New tickets are made available to the USO every few days leading right up to game day. As they are received, the USO will distribute them to the commands for the waitlist.

Priority is given to active duty service members, recent pre-post deployed troops, junior enlisted and WTUs. The USO values the service of all veterans, however, the USO is an organization serving active duty, wounded, ill, injured service members, and families of the fallen and reservists.

The USO is committed to do our best to fairly distribute ticket therefore there's a two tickets limit per SM.

New Emergency Services Tool for Military Families: Did You Know?: 300 military families use the American Red Cross Emergency Communication service each day

The American Red Cross has launched a new digital tool that gives military families the option to quickly communicate an emergency message from a computer, tablet or smartphone at red-cross.org/HeroCareNetwork. This secure and free service will also let users track the progress of an emergency message from verification through delivery.

Get Immediate Assistance If your military family has an emergency need for communication, you can:

☐ Submit a request online HeroCareNetwork



□ Call the American Red Cross at (877) 272-7337

Changes let you: 1. Start request with computer, smartphone, or tablet 2. Track your request process 3. Receive status updates

STOP THE 22: Did you know that 22 veterans Died today by SUICIDE? SAT 07 NOV 9AM
Start at Cape Cod Community College, W Barnstable 2PM Finish at Veterans Memorial Park,
Hyannis Open to the public. Register on pinned event at Facebook.com/veteranscccc Or in person at
Veterans Services, 2nd floor CCCC Library. Please plan return travel accordingly.



HANSCOM AIRMAN AND FAMILY READINESS CENTER

November 2015

Please Call 781-225-2765 to Register

SOMEONE TO TALK TO when you need it: **Military Family Life Counselors (MFLC)** provide free, short-term, non-medical, solution-oriented counseling on a range of issues. For service members and their families – no records are kept. Call (781) 879-7654 and leave your first name only for an appointment!

Employee Assistance Program (EAP) provides a confidential, free counseling service on a wide range of personal & work concerns for DoD civilian, NAF & DECA employees as well as their family members. The EAP offers Financial & Legal services as well. Contact Ina Bachman, LICSW, CEAP at 1-800-222-0364 for an appointment & check out the website www.FOH4you.com . ** On site every Monday!!

VA BENEFITS ADVISORS *are available*. Please contact them at 781-225-2624/2625 or 508-847-9985. Located in Bldg 1217.

VETERANS AFFAIRS DISABILITY CLAIMS REVIEW

Fridays (By Appointment Only) A representative from AMVETS, a veterans' service organization, will assist you in processing your disability claim and answer questions. **Appointment is required.** Call the AMVETS Service Representative at 617-980-8400.

PRE-REGISTRATION IS REQUIRED. CALL (781) 225-2765 or email us at 66.fss.fsfr.cmb@us.af.mil

Hanscom Air Force Base and your Airman & Family Readiness Center join the nation in recognizing and honoring our military families during the month of November, proclaimed by the President and Secretary of Defense as "Military Family Month ."

A&FRC OPEN HOUSE: Tuesday, November 3; 10:00 — 12:00 p.m. The Hanscom community is enthusiastically invited to stop in and see what's happening at your A&FRC. Enjoy demonstrations, interactive displays, games, and giveaways; learn about programs and services. See you there!

INDIVIDUAL TRANSITION PLAN CHECKLIST (DD2958) - Every Tuesday, November 3, 10, 17, 24; 1:00 – 2:30 p.m. Military separatees, retirees, call to schedule an appointment. to complete the mandatory DD Form 2958, "CAPSTONE" — a requirement for out-processing.

PRESEPARATION COUNSELING Wednesdays, November 4, 18, 25 9:00 — 11:00 a.m.

Weekly sessions for separating & retiring service members to complete the mandatory DD Form 2648, Preseparation Counseling. The session provides critical information about benefits, resources & services available to transition from military to civilian life. This counseling **MUST** be provided at least 90 days prior to date of separation or retirement. Service members must complete the counseling prior to attending the Transition-GPS (Goals, Plans, Success) Workshop.

RESUME WRITING FOR THE PRIVATE SECTOR Thursday, November 5; 9:30 — 12:30

p.m. This basic resume writing course discusses how to write & format an effective resume & cover letter. Taught by a former private sector HR staffing specialist.

HEART LINK NEW SPOUSE ORIENTATION Thursday, November 5; 1:00 – 3:00 p.m.

Welcome to the military family! Heart Link is a wonderful new orientation workshop for any spouse married 6 years or less to a military member from any branch of the armed services. Our spouses are the heart of this great Armed Forces family & the lifeline behind your sponsor's success in the military. The Heart Link program will provide you with essential information you need to know to make your life in the Air Force exciting, fulfilling & rewarding. Join us & we'll get started on our journey!

BUDGETING FOR THE HOLIDAYS Monday, 9 November, 12:00 – 12:45 pm

Join us as we share ideas on how to conquer the "Holiday Spending Crazies" without breaking the bank. Walk away feeling a bit more confident about sticking to your budget this year!

KIDS ON THE MOVE! (Primary & Middle School Age sessions) Thursday, November 12;

5:00—6:00 p.m. Anticipating a PCS move? Bring your kids for two fun, activity filled sessions that answer questions about moving, making friends and settling in. Each attendee will receive a special backpack with travel games/activities. *(This class will be offered at the Base Schools in December for students of the HPS & HMS.)*

TRANSITION —GPS WORKSHOP Monday - Friday, November 16-20 7:30 a.m—4:00 p.m.

Hanscom Conference Center, Bldg 1106 · All military attendees must have completed DD Form 2648/1 (Pre-separation Counseling) prior to the workshop. Mandatory for all service members.

Spouses welcome. Assists voluntarily & involuntarily separating & retiring service members with career & life transition. All military attendees must be enrolled in eBenefits.va.gov prior to the workshop. Please bring your own laptop. Pre -Registration is required.

INSTALLATION COMMANDER'S WELCOME Monday, November 16; 8:00 – 11:30 a.m.

Airman & Family Readiness Center, Bldg 1218 Attention new military personnel and DoD

Civilians! Your official introduction to Hanscom AFB features essential base and local community information for new arrivals. **Spouses and other service personnel at HAFB strongly encouraged to attend!** □ **Medical Squadron Welcome: 11:45** □ **First Term Officer's Finance Brief: 2:00 –**

3:30

COPING WITH HOLIDAY STRESS Tuesday, 17 November, 11:30 – 12:30 pm The holidays are ideally a time to celebrate and rejoice in family and friends. Why, then, do some of us anticipate the season with dread rather than joy? Join Hanscom's Military and Family Life Consultant for a look at the causes of stress and some practical ideas on how to reduce your holiday stress and find the joy in the season again.

FAMILY HOLIDAY CRAFT WORKSHOP Wednesday, 18 November, 3:00 – 4:30 pm

Parents and children, join us to make special handcrafted holiday ornaments. We'll supply the materials, you supply the creativity!

HEARTS APART - 'Giving Thanks Potluck' Wednesday, November 18, 4:30— 6:30 p.m.

Minuteman Commons Families of deployed, remote tour & extended TDY service members are invited. Like the first Thanksgiving, we'll all bring a dish to share with others (the A&FRC will

provide the meats!) and give thanks for our military family. Please RSVP by Friday, 13 November by calling 781-225-2765 or via e-mail shon.teicheira@us.af.mil

E-SMOOTH MOVE SEMINAR Thursday, November 19; 11:00 a.m. — 12:00 p.m. Learn how to navigate the new internet-based resources designed for PCS moves, & where to get answers to your questions about your upcoming move. Informational handouts will be provided. Bring your “smart” device & follow along with us on our WIFI. **Spouses Welcome!**

MOVING WITH CHILDREN Thursday, November 19; 12:15 — 1:00 p.m. Parents! Please join us for this special presentation immediately following the E-Smooth Move Seminar. We’ll discuss tips & techniques to help make moving & adjustment to a new school easier for your children whether it's their first move or their fifteenth. (Partnership with MFLC)

FAMILY TRADITIONS Friday, November 20, 11:00 a.m.—12:00 p.m. Yankee swaps, family recipes, decorating rituals, gatherings with friends, holiday toasts and special music selections are just a few joyous traditions that families mark during the holidays. Learn about types of traditions, why they are so important, and how to create them.

PARENTING WITH HUMOR Monday, 23 November, 12:00 – 12:45 pm Do your children push your buttons, or tickle your funny bone? Join us to find out how humor can have a positive impact on your relationship with your children and help reduce family stress.

SPECIAL NEEDS PARENTS GROUP Tuesday, November 24; 5:30 – 7:00 p.m. A monthly peer support group for parents raising a child with special needs.

BUILDING RESILIENCY IN CHILDREN Monday, 30 November, 11:30 – 12:30 am We’ll look at the characteristics of resilient children and methods for building resilience in your children by teaching coping skills, optimism, character building and more. Presented by Hanscom’s Military and Family Life Consultant.

***NOTE: All classes are subject to change. Please call to register and confirm date and time.**

Family Advocacy Outreach

CELL PHONE COLLECTION: The Family Advocacy Program collects used and old cell phones, and distributes them to local domestic violence agencies. Drop off phones, batteries, and chargers to the Family Advocacy Program, Bldg 1217. Please put each phone and its accessories in a sealed, plastic bag.

WIC, a nutrition and education program for income-eligible expectant parents or parents with children age birth to five is located on base. *** WIC is located in Bldg 1507 *. WIC is on base the first and third Wednesday** of each month from 0800 to 1530. For WIC appointments or information, call (617) 312-9974.

First Connections- Is a non-profit, family support organization that provides comprehensive services to families with young children birth through age five. First Connections serves a large geographic area that encompasses twelve metro-west communities, including Hanscom Air Force Base. All programs are free or low cost. More information is available on their website www.firstconnections.org or by calling 781-287-0221.

EMPLOYMENT READINESS

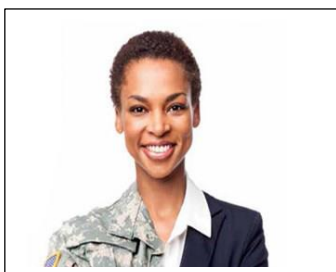
From Army Times on Web: This new eBenefits feature incorporates numerous tools and resources for job seekers, as well as employers who want high quality applicants. Veterans, service members and their spouses or dependents, who are looking for work, transitioning out of the military or changing careers are encouraged to utilize the Veterans Employment Center. Users can access the Skills Translator function to translate military terms to civilian skills or just go right to the Resume Builder tool. Resumes created on the site will be available to private and public sector employers who specifically want to hire veterans. Veterans Employment Center is found at <http://www.ebenefits.va.gov>.

eBenefits Fact Sheet http://www.nvti.ucdenver.edu/home/buzz_xtra/eBenefits_factsheet.pdf

LENDING LIBRARY: The ERRC offers a large selection of library resources including books, CDs and DVDs. Employment topics include resume writing, interviewing skills and applying for federal jobs. Relocation topics include moving overseas, moving with children, and having fun in New England - family and pet-friendly activities. Other printed resources include atlases, fliers, and magazines.

HOT JOB BOARD, JOB LISTINGS AND OTHER RESOURCES: The Hot Jobs Board is updated on a daily basis and includes up to the moment federal, contractor, AFFES and NAF positions located in and around Hanscom. Listed Jobs are filed by sector and searchable by date. Other posted notices include local area job fairs, job fair guidance and six-month job search instruction schedule.

Veteran's Suiting Event for Women & Men Boots2Suits : TUE 17 NOV at the Great Hall in State House, Boston This is a free event but you MUST PRE-REGISTER by phone 781-324-0499, by email or online Continental Breakfast will be served. Doors open 9a.m. * Opening Remarks 9:30 a.m. * Workshop 10 a.m. * Suiting Event 11a.m.—2 p.m. Free event for veterans who are in the job search process. Register to participate in a career development workshop and **receive a FREE business suit** for your job search! *Gently used and new suits provided by Men's Warehouse & Tailored for Success, Inc.*



Free Vocational Training for Veterans: The Veterans Training School (VTS) is recruiting unemployed and under-employed Veterans for the following vocational free vocational programs: Apply today! Email Andrew Moyseowicz or call 617-371—1810. Find more online at www.nechv.org

Career Opportunities: An update that we now have a “Career Opportunities” link on our website which will have all the information regarding our current job opening, description, and how to apply... <http://www.veteransinc.org/about-us/career-opportunities/>

Labor Ready : Provides temp jobs to those interested in gaining work experience, want some extra cash, or need immediate income when between jobs or need seasonal work. Flexible work hours; get

paid the same day. Over 600 locations throughout the United States.

<http://www.laborready.com/Temporary-Employment>

The above information is provided as a community service. No endorsement of events, products or services by the DoD is implied or intended. For more information, contact the company directly.

Free Resume Help for Military Members : The below website is where Service Members can get free resume writing help and the course schedule. <http://www.networkri.org/centers.htm>

The Federal Resume Database:



USA JOB: JOB OPPORTUNITIES ON THE BASE - Remember to go to www.USAJOBS.GOV and search for Newport, RI if you are interested in finding out and applying for positions open onboard the Naval Station. Current opportunities include a Motor Vehicle Operator that's open through next week. Spread the word! USAJOBS - The Federal Government's Official Jobs Site www.USAJOBS.GOV This is a United States Office of Personnel Management website. USAJOBS is the Federal Government's official one-stop source for Federal jobs and employment information.

Job Search: Below please find a link to critical skills needed at Booz Allen Hamilton. Please share with your contacts and have all interested email me their resumes and I will submit on their behalf – this speeds up the review process. Also, applicants must identify the job skills qualification from the list. <https://erp.bah.com/hotjobs.htm>

Website: Career Resources for Veterans: The Defense Centers of Excellence (DCoE) recently collaborated with PBS to produce a handbook for military families. Created as a companion to the PBS series "This Emotional Life," A Handbook for Family & Friends of Service Members explores the stressors and feelings individuals may encounter throughout the different phases of deployment. The handbook aims to provide solutions for Service members and identifies outside tools and resources that may be useful to friends and family members before, during and after deployment. Topics include what to expect during deployment and how to strengthen or repair relationships. Order the handbooks from the Real Warriors Campaign website at <http://www.sc.edu/career/Webresources/veterans.html>

<http://www.realwarriors.net/materials/order>

Hanscom AFS: Resources <http://www.hanscom.af.mil>

Massachusetts Career Information System: <http://masscis.intocareers.org/default.asp>

Veterans Employment Services (978) 534-1481 x 117 www.wmoore@detma.org

Orion International: info@orioninternational.com

RELOCATION READINESS

ACS has listings for apartments or houses to rent. List is updated as housing is made available to us. Call 978-796-3023. ACS Electronic Welcome Packets
<https://www.devens.army.mil>

Moving and Relocation Information: Terrific tips to make moving easier. Plan my Move at
<http://www.militaryinstallations.dod.mil/MOS/f?p=MI:ENTRY:0>

TRICARE Information at Hanscom AFB: Hanscom AFB offers a monthly Newcomer Orientation Medical Clinic welcome to all new patients every Tuesday from 1300 to 1500. It is strongly recommended that Army personnel attend so they can find out about their provider, how to access emergency services, and referral. Telephone: 781-377-2120

FORT DEVENS SERVICES:

Fort Devens Mail and Distribution: Mail & Distribution Hours are as follows. The Door will be open for box pick up between the following hours. 0730 AM to 1600 PM. Window pick up 0900 AM to 1200 PM 1230 PM to 1430 PM

Education Office: The 99th RSC Education Office is located at 30 Quebec Street, (Building 666) Fort Devens, in Rooms 328, 326, and 324. Call 978-796-2968. Services include educational and career counseling, GI Bill questions and issues, tuition assistance, financial aid and scholarship information as well as test administration and test proctoring.

Police Services Division: Fingerprinting 0930-1030 / 1500-1600 or By Appointment.

Police: 978-796-3333

Physical Security: 978-796-2061

Carlson Wagonlit Travel/Veterans Travel: 800-945-0535 or 402-345-7596

Devens Legal: 978-796-2255

Education Office: 978-796-2331

AAFES / Clothing & Sales: 978-772-6838 / 2065

Photo Section DA Photo: 978-796-2559

Fort Devens ID Cards 978 -796-2130, Building 683

Billeting: Bldg. 978-796-3201

Distance Learning Center: 978-796-3612 / 2605 / 2626

Transportation: Passenger 978-796-2141/ or 2393 Freight 978-796-2832/ or 2840

Vehicles: 978-796-2141

MASSACHUSETTS RESOURCES:

USO New England: <http://www.uso-newengland.org/index.htm>

Massachusetts Parks: www.state.ma.us/dem/forparks.htm

Massachusetts Wildlife: www.state.ma.us/dfwele/dfw

State of Massachusetts Child Care Finder: www.qualitychildcare.org

Massachusetts Getaway Guide: <http://www.mass-vacation.com/>

Massachusetts's area Guides net: <http://massachusetts.ag.s.myareaguide.com/>

Boston and Local Area Concerts: <http://www.bostonconcerts.com/>

No endorsement of events, products or services by the DoD or the Army is implied or intended. Additionally, neither the Army nor the organization endorses the product or organization at any "link" destination contained herein, nor does the Army exercise any responsibility over the content at the destination.

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